

# Continuing Education for the Yoga Teacher

*Managing Your Students' Chronic Structural Issues*

**Each workshop is worth 3 Yoga Alliance CE Points**

## WORKSHOPS

**June 19, 2010**    *Lower Back and Sacrum*  
1:00 PM - 4:00 PM

**July 17, 2010**    *Upper Back and Neck*  
1:00 PM - 4:00 PM

**August 14, 2010**    *Hips, Knees, and Feet*  
1:00 PM - 4:00PM

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*The instructors are certified from the American Viniyoga Institute as  
Yoga Teachers and Yoga Therapists*

**Lisa Todd Graddy, LCSW, MS, RYT-500, E.RYT-200**

**Lisa A. Bauman, DMD, RYT-500**

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### Fee

Individual Workshop    \$45

All 3 Workshops    \$135

Early Bird Special    \$105

*(Register by June 1st for all 3 and save \$20)*

*Payment is accepted in cash or check.*

*Workshops will be held at:*

## Frankfort Yoga Studio

306 West Main St., Suite 300  
Frankfort, Ky 40601  
[www.frankfortyoga.com](http://www.frankfortyoga.com)

*To Register Contact:*

*Lisa Bauman: (502) 641-0140*

*Lisa "Todd" Graddy: (859) 229-1582*